



BEAUTY

An Insider's Guide to Aesthetic Procedures in Dallas

Dallas is one of America's top markets for Botox and fillers. Our injectors are practically artists. The only problem: their work typically goes incognito.

BY CAITLIN CLARK | PUBLISHED IN LIVING | FEBRUARY 22, 2019 | 12:12 PM

Botox

Fillers

Skincare

Highly Recommended

The Filler Artist

When I first began asking around for the who's-who of Botox and filler injectors, Dr. Lynley McAnalley came up more than once. The board-certified doctor left family medicine to specialize in aesthetics in 2004, just two years after Botox was approved for cosmetic use. Her private practice is focused exclusively on injectables, and she performs all of the procedures herself. And yet, everyone I spoke to had the same selling point: Just look at her.

"She's just one of those people that you see a photo of and you're like, I'll do whatever you're doing," says Foster, who's been seeing McAnalley for over 20 years. "She's a perfectionist with the needle."

McAnalley is open about doing both filler and Botox ("You have to practice what you preach," she says), and does all her own injections. "I practiced family and emergency medicine for 10 years when a doctor called me in 2003 and said, 'Hey, there's this new product on the market, Botox, and I want to start a clinic where we just inject Botox and Restylane'." She staffed the clinic in North Dallas and fell in love. "I liked the artistic nature of it. I liked that your patients are healthy and happy and just want to look and feel a little better about themselves," says McAnalley.

Botox is its own thing, of course, but filler, according to McAnalley, is the first step for maintaining a youthful look. "People usually walk in the door because they don't look like themselves anymore, and that's typically because of volume lost, not because of wrinkles," says McAnalley. "What's fun to me about it is, when they come in, I can visualize what they used to look like, where the softness was. They'll pull out their phone to show me what they looked like, but in just once glance, I already know."

